

**223 Rem Case Weight vs.
Capacity**

Case Manufacturer	Case Weight Grains¹	H2O Capacity Grains²
Lake City 06	92	30.6
WCC99	95.5	30.5
Sellier & Beloit	92.3	30.5
Remington	92.3	30.4
PMC	93.5	30.4
Hirtenberger	93.7	30.4
Lake City 04	93	30.4
Federal	96.3	30.2
Hornady	93.9	30.1
IMG (Guatemalan)	95.4	30.1
Lapua (new lot)	93.4	30.1
Winchester	93.9	30.1
Olympic	97.4	30
Radway Arsenal	96.1	30
FNM 93-1	97.3	29.8
Average	94.4	30.24